

EMPOWERING MEN

TO OVERCOME ADDICTION

Reconciliation Ministries ENDORSEMENT

History reveals that over time, many organizations and ministries depart from their original purpose. I am happy to say that Reconciliation Ministries has stayed "mission true" in presenting the total gospel of Jesus Christ to the total person that changes lives. They are following the original faith-based vision of my brother, David Wilkerson, and me in reaching those lost in a world of drugs and alcohol. For this reason, I wholeheartedly support and endorse this ministry. In my experience with them, they never have turned anyone away that needed help, and, in fact, they go the second mile and beyond to get them into their facilities.

Reconciliation Ministries combines two great biblical examples of serving those that need help. They are like the Good Samaritan who rescued someone near death—and they operate a Samaritan Inn to bring healing to the lost and hurting. And like the cities of refuge, they are a place where someone can run to grace and be saved.

DON WILKERSON,

Co-Founder of Teen Challenge, Inc President Emeritus, Brooklyn Teen Challenge





THE LIFE OF AN A D D

"A day in the life of my addiction felt helpless.

I felt like a slave to opioids. I felt like the drugs or whoever had the drugs owned me. I felt like I wasn't in control of my own life."

- RM STUDENT

What is an **ADDICTION?**

Addiction is defined as a chronic, relapsing disorder characterized by compulsive drug seeking and use despite adverse consequences.

In the U.S. for people aged 12 and older...

50%

have used an illicit substance at least once

22%

have used illicit drugs within the past 12 months

94%

with a substance use disorder did not receive any treatment 1 in 7

report experiencing a substance use disorder \$740billion

Drug abuse and addictions cost American society more than \$740 billion annually

240,000

Within a 12-month period over 240,000 people died of an illicit drug overdose or an alcohol related cause

Over the past 10 years, overdoses in South Carolina have auadrupled

1 in 8

children age 17 and under live in households with a parent who had a substance abuse disorder within the past year

Top 5 **FACTORS**

that contribute to an addiction/why people start using:



To feel good and feel better



Prescription medication

.........



Family history and environmental factors



Curiosity and social pressure

functioning/

decision making.

don't like negative

This is why we

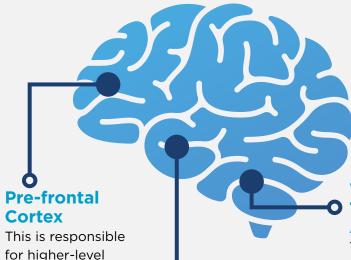
consequences.

(5)

Avoiding past sexual, mental. and emotional trauma

Why can't people JUST QUIT?

Addiction & the Brain*



Nucleus Accumbens

This is responsible for reward/pleasure. This is why we like substances.

Ventral **Tegmental** Area

This is responsible for desire. This is why we want to use substances.



Cycle of Addiction*

INTOXICATION

In the intoxication phase of addiction. substances create spikes in dopamine release and produce pleasurable feelings, affecting the brain's reward system. With repeated use of the drug, the brain also learns to associate the pleasure it produces with external stimuli. This causes an individual to repeatedly use

WITHDRAWAL

In the withdrawal phase, an individual no longer uses a substance to achieve euphoria but to avoid dysphoria. With extended substance use, they will start to suffer withdrawal symptoms when they are unable to get enough of their drug of choice. First, the amount of dopamine released by the same dosage of drugs steadily decreases with consistent use. Next. the brain becomes more reactive to stress, what's called the "antireward" system.

ANTICIPATION

In the anticipation phase, an individual seeks out drugs after the effects have worn off. Disruption to dopamine and glutamate regulation occurs and impairs decision making, emotional control. prioritizing tasks, and impulsivity. Once an individual reaches the anticipation phase, they are at risk and filter through the cycle

of addiction again.





the substance.



or Methadone

End up in jail, institutions, or die

Enroll in Reconciliation **Ministries**



While in the program, RM students are guided through a series of **three phases**:



Designed to help students establish a strong foundation built on biblical principles



Helps students work towards **mending** broken relationships

PHASE THREE **REMAIN**

Transitions students back into the community



PHASE ONE ROOTED



Phase 1 ("Rooted") is designed to help students establish a strong foundation built on biblical principles by first developing a relationship with God through daily, communal prayer and worship as well as studying biblical principles leading to Christian living.

PHASE TWO RESTORATION

Phase 2 ("Restoration") helps students work towards mending broken relationships through leadership development, vocational training, and life skills classes along with group counseling, family visits, and dental and eye care.

PHASE THREE **REMAIN**

Phase 3 ("Remain") transitions students back into the community by preparing them to lead their families and churches as they spread the Gospel message while be provided housing on the RM campus.

CONTRACT 1: SALVATION

Goals:

- I will learn to develop a relationship with God.
- I will learn what a Christian is.
- I will learn to understand what salvation is.

Key Concepts:

- Relationship with God
- Understanding Christianity

Goals:

- I will learn that I am worthy in the sight of God and will begin to see myself as He sees me.
- I will learn that God will use every experience good or bad, including my mistakes, to form His likeness in me while preparing a mighty testimony and witness unto others
- I will develop a gratefulness that will carry me through tough times that lie ahead

Key Concepts:

- Self-worth
- Identifying with Christ

CONTRACT 2:

MADE IN THE IMAGE OF GOD

CONTRACT 3: SPIRITUAL GROWTH

Goals:

- I will have a basic understanding of how God grows us spiritually.
- I will press in and stay accountable to keep my thoughts pure concerning all things.
- I will develop a deeper inner willingness to allow the Holy Spirit to govern my thoughts and actions.
- I will ask God to give me vision for my future so that it may motivate me to stay on course.

Key Concepts:

- Authority
- Responsibility

CONTRACT 4: **RELATIONSHIPS**

Goals:

- I will identify major hurts from my past that have hindered my ability to trust others when it comes to relationships.
- I will discover ways of improving my role (wife, husband, father, mother, son, daughter, etc. in my family by being an example.
- I will develop character that will help in handling family responsibilities.
- I will begin to learn the true meaning of love and how I am to express it to my family and others.

Key Concepts:

- Family
- Friendships
- Community

CONTRACT 5: SPIRITUAL LEADERSHIP

Goals:

- I will recognize the need for strong biblical truths in my life
- I will develop clear and practical servant leadership that I can live by.
- I will create clear strategies that will prepare me for when I graduate Reconciliation Ministries.

Key Concepts:

- Understanding servant leadership and the benefits to myself and others.
- Learning to develop and apply biblical truths that will produce a healthy Christian lifestyle

FAITH-BASED **PROGRAM** STATS:

82%

One study showed that up to 82% of clients who experienced a spiritual conversion during substance abuse treatment and recovery were completely abstinent at a 1-year follow-up compared with 55% of non-spiritually converted clients.

National Center on Addiction and Substance Abuse study found that the adults who do not consider religious beliefs important are more than three times more likely to binge on drinks and almost four times more likely to take illicit drugs.



Through Christ, students can experience restoration, healing and abundance in all areas of their lives. This includes:



RENEWAL OF THE MIND



IMPROVED FINANCES





RESTORATION OF FAMILIES



SAFE & STABLE HOUSING



SALVATION & SPIRITUAL GROWTH



FORGIVENESS & RECONCILIATION **OF RELATIONSHIPS**



GAINFUL EMPLOYMENT

"I used to dread seeing my son's number come up on my phone, but **now** I look forward to it and can't wait to talk to him."

- RM PARENT

Top 3 FACTORS

in maintaining sobriety after the program:

God Family Positive Relationships

The Importance of Beatty Downs

The safe and inviting neighborhood now provides housing for RM graduates along with a sense of community and accountability as they continue on their journey of faith and sobriety.

One study showed top
3 factors in maintaining
sobriety after the program
were staying connected to
God, family, and positive
relationships.

At RM these factors are provided within the Beatty Downs community:

- **GOD** Weekly church services in Beatty Downs are offered where graduates can carry out their ministerial callings.
- **FAMILY** Stable and affordable housing is provided to restore and reconcile family relationships.
- POSITIVE RELATIONSHIPS –
 Accountability within a supportive and protective community where graduates are surrounded by people who understand their circumstances and who love and care for them.





RECONCILIATION

MINISTRIES

MAIL IN YOUR GIFT to Reconciliation Ministries

P.O. Box 211846 Columbia, SC 29221

GIVE ONLINE

reconciliation-min.org

JOIN OUR COMMUNITY of monthly donors

facilitating reconciliation for those bound by an addiction by joining the Restoring Hope Club. If you need assistance with facilitating gifts of property, stock, or other non-cash gifts, please contact:

ASHLEY ARRINGTON

aarrington@reconciliation-min.org 803.727.4697 Ext. 102

For more information regarding planned giving, or if you have already included RM in your estate plans please contact:

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aarrington@reconciliation-min.org 803.727.4697 Ext. 102



SCAN THE QR CODE FOR MORE INFORMATION.

